



KESHAV SURI FOUNDATION

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# SATRANGI VOICE

[WWW.KESHAVSURI.FOUNDATION](http://WWW.KESHAVSURI.FOUNDATION)

## Celebrating Queer Stories Through Theatre

The Keshav Suri Foundation proudly collaborated with Gaysi for Kyun Queer?, a vibrant community theatre production. This heartfelt celebration of contemporary queer culture and companionship featured touching queer desi love stories from different generations and identities. Our team at The LaLiT Mumbai had the privilege of witnessing this beautiful performance, which highlighted the richness of queer experiences and the importance of love, acceptance, and representation in all its forms.





## **Reintegration through People and Policy: A Path to Inclusion**

The Brave Soul Foundation, in collaboration with the Keshav Suri Foundation, hosted Reintegration: People and Policy at The LaLiT New Delhi. This impactful symposium focused on fostering inclusion through progressive policies and community support, bringing together thought leaders, advocates, and change-makers. The event highlighted the importance of reintegration for marginalized communities, sparking meaningful dialogue on how policies and people can work together to build a more inclusive society.



## **Building Inclusive Classrooms for a Brighter Future**

At The LaLiT Suri Hospitality School, we conducted Diversity, Equity, and Inclusion sessions aimed at creating truly inclusive classrooms. These sessions sensitised students, faculty, and support staff, ensuring that everyone contributes to fostering welcoming and respectful spaces. To support the integration of DEI students, we provided one-on-one guidance, helping students understand, accept, and embrace diversity in all its forms.



## **Empowering Calmness: Mental Health and Crisis Intervention Workshops**

Our Mental Health Counselor, Pranab B., conducted a vital crisis intervention workshop for the Heads of Departments and team members at The LaLiT Jaipur & The LaLiT Laxmi Vilas Palace Udaipur. This session focused on understanding different brain responses to crisis situations and emphasized the importance of staying calm during tough times. A workshop on Yog Nidra was conducted to promote deep relaxation for the body, mind, and emotions. Participants engaged in Body Yoga Movement therapy and learned mindful rest techniques using voice modulation to calm the nervous system. Additionally, stress management strategies like breath work, progressive muscle relaxation (PMR), imagery, visualization, and cognitive behavioral techniques were tailored to meet individual needs, recognizing that stress impacts team members in different ways.



## **The LaLiT New Delhi Wins Best Diverse & Inclusive Hotel Award!**

The LaLiT New Delhi proudly received the award for Best Diverse and Inclusive Hotel at Le Amanah Season 5! This recognition highlights our commitment to fostering an inclusive environment for all guests and team members. We believe in celebrating diversity and creating a welcoming space that reflects the rich tapestry of cultures, identities, and experiences. This award inspires us to continue our efforts in promoting equality and inclusivity in the hospitality industry.



# Connecting Tomorrow's Leaders: The Rainbow Mentoring & Networking Experience

The Keshav Suri Foundation proudly collaborated with Pride Circle for the 2nd edition of the Rainbow Mentoring & Networking Event at The LaLiT New Delhi. This unique platform connects LGBTQIA+ students with corporate leaders and industry experts, fostering meaningful relationships and professional growth. Participants engaged in insightful discussions, gained valuable mentorship, and explored career opportunities, all while celebrating diversity and inclusion in the workplace.





# MENTAL HEALTH SESSIONS OF AUGUST

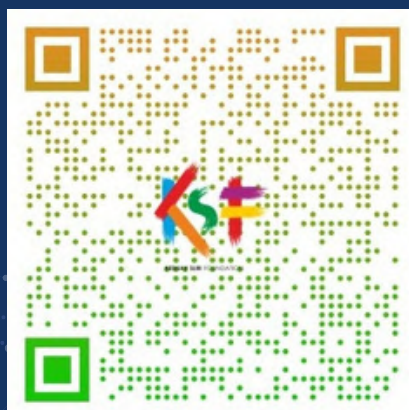
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**Total number of  
mental health sessions → 8**

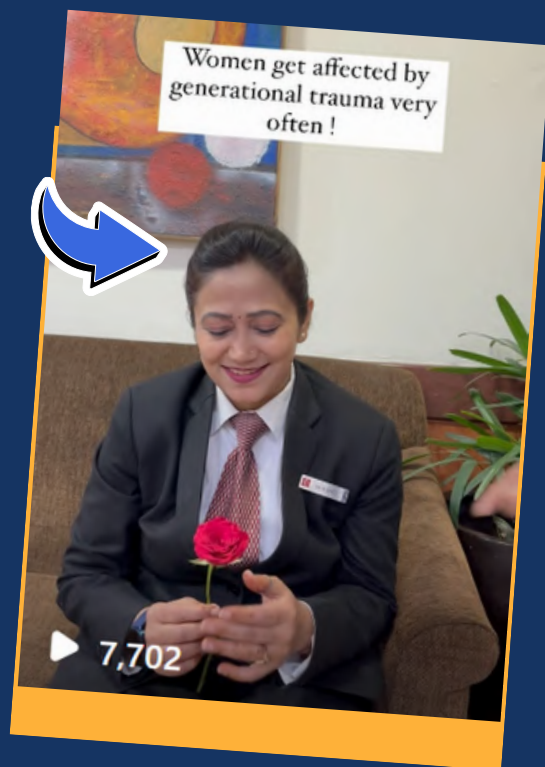
In addition to supporting self-love, a healthy lifestyle, leisure, and open communication, the objectives are to advance respect, equality, empathy, and inclusion. Diploma students' self-efficacy and self-esteem are increased when they emphasize time management, asking for assistance when needed, keeping self-control, and being aware of their strengths. Setting these values as a top priority promotes both academic and general growth.

Scan here for  
mental health support





## Most trending posts and highlights from last month





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